

Detroit Recreation Department  
Heilmann Recreation  
19601 Crusade  
Detroit Mi. 48205  
(313) 224-9334

***Teen League BASKETBALL RULES (2015)***  
***M.H.S.A.A. rules will apply with the exception of the followings***

**Time**

Two (2) twenty (20) minute halves (running time) clock stops for time outs  
Regulation in last minutes of the game unless one team is 15 or more points ahead  
Regulation times last two minutes of overtime period

**Overtime**

1st Overtime –Three (3) minutes  
2<sup>nd</sup> Overtime- One minutes  
3<sup>rd</sup> Overtime- Free throw sudden death

**Fouls**

Team Bonus (one and one) on the 7th team fouls of each half and two shots on the 10th team foul  
Individual, 5 personal foul  
1) Technical foul counts as an individual foul  
2) Two technical fouls, automatically disqualifies a player  
3) Flagrant technical foul is two free throws and disqualification plus awarding the ball to the opponents for a throw in (Ref's judgment)

**Timeouts**

Two per half (cannot be accumulated)  
One additional timeout for overtime and sudden death

**Substitutions**

On dead balls only  
Report at table  
Wait for officials to call you in

**Uniforms**

Each participant must wear same color shirt with legal number at each scheduled game or be considered an ineligible player (no duplicate numbers).

**General**

- Any team and /or individual that is disrespectful to the official or facility will be banned from the league for the season with no refund of any fees paid
- Game time is forfeit time
- Team must have four (4) or more players on the court properly attired at the game
- If a player misses the first half he/she can't play in the second half of game

- Player must be no older than 14yrs of age (unless the league coordinator has ruled other wise)
- Protests must be made before start of game and officials must state protest in book. There will be a \$25.00 fee charged and given back if ruled in your favor
- Varsity players are not allowed to play in this league. All games will be forfeited.

#### **Rosters**

Maximum of twelve (12) players per team

#### **Gym Rules**

Must use LOCKER ROOM to change and put clothes in locker (bring lock)

No profanity, No eating in gym

Remove hats when entering building (male)

Sign in at front desk when entering the building

- *The league coordinator reserves the right to adapt M.H.S.A.A. rules according to the skill level of league participants*
- *Any questions or concerns please address them with the League Coordinator or Supervisor*